

SOMETIMES

Sometimes
I have to be lost:
Driving aimlessly,
Speakers blaring
Just to clear my head

Sometimes
I have to be weak:
Collapsed on the floor,
Done with the fight,
And overpowered

Sometimes
I have to be broken:
Aching for what's lost
Out of control,
Desperate for help

Sometimes
I have to be lonely,
I have to be afraid,
I have to be trapped

To be free.

—*Rachel Schade*