

it is okay to be grounded

It is okay to be grounded
This is something i must tell my soaring heart
Every second of every day.

When the world seems to open to you
Like it's yours for the taking,
"Oh, but you must hold back"

That is something that I wasn't used to hearing
For I was the one who had to make my own path
And holding back was never an option for me

I was told to always bite my tongue and never let others understand what I was
feeling

So the expression of words got stuck in my mind
And could only be freed when I placed a pencil in my hand

It is okay to be grounded
This is something I tell others
When they worry about where life may take them

I still have no idea where my own life is taking me
But every second of every day
I must tell my soaring heart it is okay.

This will all be okay one day,
And perhaps my okay is different from yours
But one day it'll all work out

You'll get the promotion you always talked about
And maybe we'll fall in love
And have a nice colonial somewhere we make our own

But for now we must tell our hearts that while it is okay to dream
We can stay grounded for the time being
Until we both sprout wings and have the ability to soar

—*Amber Alexander*